



Inside

Is iA the place for YOU?
There is a PLACE for everyone at iNFInITi Athletics! We transform today's youth into strong, confident athletes! We commit...

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Tryout Info:
May 8th - May 11th = Workgroup Placements
May 15th - June 22nd = Workgroup Session
June 26th - June 29th = Team placements
July 11th = Team Meet and Greet/Coaches and Parent Tailgate

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Take a look

Welcome to the iA Family!

Our USASF certified All-Star program brings unity to NWA cheer. From the very first practice, iA will always strive to provide the best quality cheer instruction in a fun environment. Our coaches are, by far, the most qualified, devoted and caring group of individuals you will ever encounter! Our coaches work to develop the athlete as a whole, mentally, emotionally and physically. We specialize in training ALL skill levels. Whether you want to be a part of one of our well-recognized All-Star teams or just want to learn how to tumble, iA offers something for boys and girls of all ages! Come experience the iNFInITi difference!

To our Current iA Families, THANK YOU for your continued Support! You make this place ROCK! If you are new to iNFInITi... YOU have made a FABULOUS choice! We are blessed to have you! On behalf of our incredible staff, Amazing iA Families & Rock star Athletes... Welcome to the Family!

Why cheer at iNFInITi?

Is iNFiNiTi the place for YOU?

There is a PLACE for everyone at iA! We transform today's youth into strong, confident athletes! We commit ourselves to creating and maintaining a fun, caring environment that builds respect, integrity, a positive attitude, leadership and self-confidence while respecting diversity. We pride ourselves in not only teaching the skills needed for cheerleading, but essential skills for life. Everyone will experience situations throughout their life, in which they must work together with others to achieve common goals. Let us help you prepare them for the future!

iNFiNiTi Staff

What sets us apart? Our Staff.

We have hand-selected the best coaches from the tri-state area. All coaches are backed by extensive cheer experience. We are privileged to have one of the most experienced and knowledgeable groups of coaches in the country. Because of our talented staff, we are able to help each student learn individual skills quickly while teaching the value of teamwork. All of our coaches are excited to create the best competition experience for your child!





Time Commitment

All-Star Cheerleading is a sport that requires total commitment. This year round commitment to the team must be taken very seriously. It is important that all team members attend all practices and competitions. This requires time management skills; involvement in other activities will need to be arranged around cheer practice schedules and competition dates. One member missing from practice negatively impacts the entire team. It is also very important to arrive on time to all practices so that the team is able to warm up and get stretched so we can begin practice as a team.

Athletes will spend on average 4-6 hours per week in the gym over 2-3 days. We do support school events that involve a grade, however, missing practice because of other reasons is not acceptable. Along with regular practices we will have a Choreography Camp at the end of the summer. These will be mandatory and dates will be given as soon as possible.

Each team will compete at 5-6 competitions. Competition schedules will be sent out before August 1st.

We ask for a full season commitment from each athlete (and family).

Our season runs from May until the following April; If for some unfortunate reason, you do not complete your obligation, you will not be refunded any tuition, money spent on fees, fundraising monies, etc. If you quit the team after August 1st - there is a withdraw fee of \$500.

Holiday Schedule

Memorial Day: May 26th – 29th

Summer Break: July 1st – July 9th

Labor Day: September 1st – September 4th

Thanksgiving: November 19th – 26th

Winter Break: December 20th – January 2nd

Spring Break: March 17th – 24th

We ask that you plan your vacations during these dates.

How do Tryouts at iNFiNiTi Work?

At iNFiNiTi we want to give every athlete the very best opportunity to excel! We take these first 3 weeks of Workgroups, to really connect with our athletes. We want to know THEIR goals & expectations for the season. We feel this is best done in a setting of peers, so we have broken up the groups based on age. We will have ALL level coaches at ALL practices so that we can work with each athlete on their level. After Workgroup Placements, we now feel it is time to break them into groups based on skill level. From May 15th to June 22nd, we will push them to their full potential. They will have time to learn how we are going to do things this coming season & really push for the level of their dreams. For example... Some years we shrug before a skill and others we have done a large clean. This is just a simple example but it takes time to get use to these changes. We give them all the tips and tricks to succeed BEFORE the season starts! Our ultimate goal is to take the stress out of "tryouts".

Team placements will be done during a normal practice time. This is great because it is the environment they now feel very comfortable with. They now know the coaches and know that the coaches believe in them and want what is best for them. This level of trust creates the confidence they need to be successful and feel relaxed.

The team meet and greet/Coaches Reveal, and parent tailgate will be FUN! We join together in the celebration of all athletes and new teams that are placed! This is when they will find out their coaches and meet their teammates.

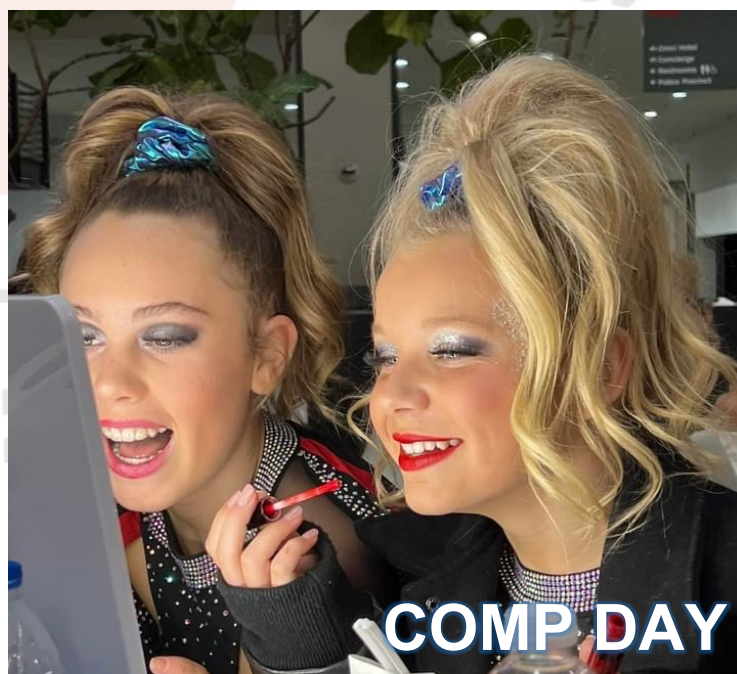
Team Bonding & Fitting Fun Details will come soon. We will also fit for practice wear, uniforms & shoes. You are not required to purchase the shoes we have at fitting. We just ask that you wear white cheer shoes for competitions.

Team practices will start the week of August 1st. At this point, ALL coaches will know your athlete! It is our mission to build these great athletes into great people. We will give them tools to not only succeed in cheerleading but in life!

Summer Calendar



- May 8th -11th – Workgroup Placements**
- May 14th – Emails sent for days/times for May/June Workgroups**
- May 15th – June 22nd – Workgroups**
- June 26th – June 29th – Team Placements**
- July 1st -8th – Summer Break**
- July 3rd – (The week of July 3rd) Team Placements announced via email.**
- July 11th – Team Meet and Greet/Coaches Reveal and Parent Tailgate**
- August 1st – Attendance and Financial contracts must be turned in.**
- August 1st – Day Camp for Mini/Youth Athletes**
- August 7th – 8th – Overnight Camp for Jr/Senior Athletes**
- August 21st – Mandatory Team Practices Begin**



Attendance

If you are in town you are required to be at practice unless approved otherwise in advance.

Attendance is critical to team success and any time a cheerleader is absent for any reason it directly impacts the rest of the team being able to practice effectively. Excused absences are considered Doctor excused illness or injury, pre-planned family summer vacation, or family emergency – while we do understand these types of absences will happen, any athlete with 3 absences (excused or unexcused) will be discussed and their spot on the team can be in jeopardy.

Please report any upcoming excused absences to your coach at least 3 weeks prior to the absence.

Missing practice for any reason 2 weeks prior to a competition will jeopardize your spot in the routine for that competition. Being late to practice or leaving early is also very damaging to the teams practices. Two tardies or leaving practice early will be a warning, after the third, it will be considered an unexcused absence. If you are injured or not feeling well (severe sickness including high fever, contagious illness, & vomiting excluded), you are still expected to attend/observe practice so you may see any and all changes that affect the team. You must provide a doctor note with detailed information regarding any illness or injury that will prohibit an athlete from participating or attending. If an athlete has a school function that results in a grade or has a required school event, this will be excused. Social school and non-school functions/activities are unexcused.

Included in the All-Star Tuition; the athlete will have 2 team practice days per week, plus a tumble class. You may enroll in an extra Tumbling, flyer or base class at a discounted rate but it is NOT included in All-Star Tuition. Some teams will have practice on Sunday's starting after Labor Day.

There will be times where practices are closed to parents. It will be noted on the practice schedule. For liability reasons, we cannot have parents or siblings in the gymnasium areas at any time unless at the request of a coach. If you need to speak with a coach, please leave a message at the front desk, or email them. Coaches can best address your questions or concerns outside of normal practice & competition times.



Please be on time and prepared for practices. Hair must be pulled back out of the face, wearing required practice outfit and cheer shoes on. No jewelry, food, sodas, gum & phones are allowed in the gym.



iNFiNiTi Rules & Regulations

DRESS CODE

All athletes must:

1. Maintain a well-groomed appearance and good personal hygiene at all times.
2. Hair must be kept out of the face (if possible in a high ponytail) and a hair accessory worn at all times when wearing any iA uniform unless otherwise instructed.
3. Practice wear will be required (2 outfits) and it is necessary to wear the correct outfit to each practice. (Starting after Labor Day)
4. No jewelry (other than approved medical ID tags) is allowed when at practice or competition.
5. Before & after competing: Athletes may only change into iA shirt, jersey or warm-up. If the uniform is a crop top, they MUST have on iA shirt, jersey or warm-up jacket at ALL times, unless they are on the stage or in the warm up area. During Awards = Official uniform only.
6. Hair and make-up must be complete as per coach's request prior to meeting for competition warm-up.
7. All lost or noticeably damaged uniform items must be repurchased immediately and a matching substitute worn until the item is replaced.
8. Nails must be kept shorter than fingertips with no polish (or clear) at competitions.
9. White cheer shoes should be worn to all practices and when competing.

iNFiNiTi retains the right to:

- Place its athletes on the team(s) it feels will best suit it and the program.
- Move, replace, add, suspend or even dismiss an athlete for a period of time or indefinitely from a team or the entire program based on criteria including but not limited to:

Attendance

Conduct

Skills

Finances

Parent conflicts

- Decide if an athlete may participate on more than one team.

- Decide the roles and/or positions an athlete will have/play on their team(s). (i.e. base, flyer, back spot, tumbler, alternate, etc.).

- Request that an athlete or team take additional classes or camps to improve their skills.

- Request that an athlete or team, practice longer than their regularly scheduled time or add additional practices, camps or competitions if deemed necessary.

- Athletes that elect to participate on more than one iA team must: (Because a coach has requested)

1. Be in good financial standing.
2. Be willing and able to fulfill all the responsibilities required by each team.
3. Be responsible for any additional entry fees they incur beyond their first team.



PARENTS and ATHLETES should remember to be respectful and courteous to others at all times. A positive attitude & good sportsmanship are integral parts of the All-Star program. The behaviors below as well as all others mentioned in this handbook encourage teamwork and must be followed.

1. Social Media – comments regarding iNFiNiTi, team members, other gyms, etc... should be made only in a positive fashion. NO NEGATIVE COMMENTS!
2. No gossip about any other team or gyms (school or all-star)
3. No smoking/vapeing, drinking alcoholic beverages or use of drugs. This will warrant immediate dismissal.
4. Challenging the authority of the coach or person in charge, by student or parent, will be automatic dismissal.
5. Abusive behavior, lying or any other negative behavior is grounds for dismissal.
6. Each member will follow all rules and guidelines given by

Questions & Answers



Q: Is iNFiNiTi a USASF (US All-Star Federation) Member?

A: Yes!

Q: Do we do a full Background check on all coaches?

A: Yes! Each coach has passed a full background check.

Q: What ages do we coach?

A: Age 3 years and up! All-star teams start at age 5 yrs.

Q: What competitions do we attend?

A: Final competition schedule will be posted in early August. Typically we travel to Branson, Little Rock, Dallas, Fort Worth, Tulsa, Kansas City, Oklahoma City & Orlando.

Q: How do you select teams?

A: Team selection is based on skill, age and level of maturity. Following tryouts the staff will meet to select the teams based on the best possible chance of a successful competition season.

Q: Does everyone make a team?

A: Yes! We will create teams based on the athletes we have at tryouts.

Q: Do we give discounts for siblings?

A: Yes! There is a \$25 discount applied to each sibling's monthly All-Star tuition.

Q: How much does All Star Cheerleading cost?

A: Refer to Page 7.

Q: What does our monthly Tuition include?

A: Competition fees for 5-7 scheduled Competitions, Coaches fees, Music, Chorography, all team practices, 1 weekly tumble class, 2 practice wear tops, Practice tank, Comp hair accessory, annual iA membership fee, end of the year banquet and a personalized car decal, discounts on Open Gym.

Q: Can I do school cheer and All-Star?

A: Yes! We actually work with the majority of the



MOMENTS

Cost

At iNFIniTl, we are as open and up-front with our costs as possible. We have an “all-inclusive” monthly price that covers nearly ALL the expenses that an athlete will incur throughout the year. Please review all costs before committing to the all-star program. Your commitment is not just to the gym, but also to all teammates and coaches. iA strives to give its clients a superior product at an appropriate cost. \$150 will be due for the month of May. \$275 non-refundable down payment will be due June 1st, 2023. First of 11 month payment plan will be due June 1st, 2023. June - April tuition will be due on the 1st of each month. A Late Fee of \$25 will be billed out on the 10th of each month if the account is not current. \$25 NSF fee will be billed for any returned payments. Everyone is required to keep a Credit Card on file. Tuition price includes: tuition, entry fees for 5-6 scheduled competitions choreography, music and several other expenses listed on page 7. This system makes planning much easier for our customers. You will know exactly how much you will pay and when it will happen. Uniform must be paid for no later than August 1, 2023 in order to arrive in time for Competition Season.

Tuition Rates:

iNFIniTl has 3 payment plans available – monthly plan, fees up front & pay in full. Our pricing includes nearly everything needed for an entire season. Team members also receive discounts on additional classes and events!

Monthly Tuition Rates (monthly payment plan):

\$280 (Level 1 Teams)

\$300 (Level 2 & up Teams)

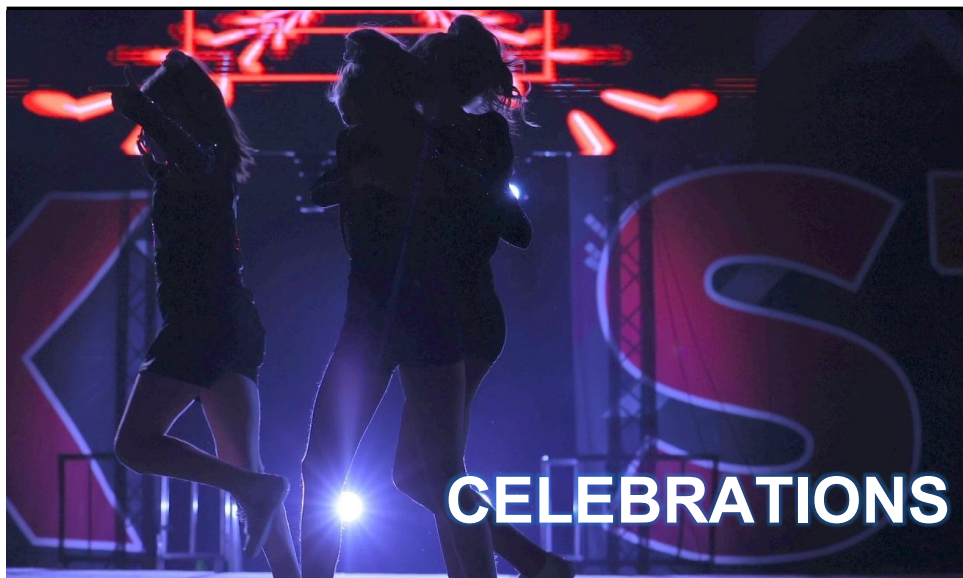
Fees up front and paid in full Option (Call us to set this up)

Additional Cost:

Uniform = \$450

Shoes = your choice of white cheer shoes. We can help order or feel free to find the ones you love.





Train like an ATHLETE.

Leave a ROLE MODEL.

Payment Schedule:

May- workgroup \$150 + \$50 Tryout fee New Member ONLY

June-\$Monthly Tuition + \$275 Deposit

July-\$Monthly Tuition

August-\$Monthly Tuition + Uniform \$450

September-\$Monthly Tuition

October-\$Monthly Tuition

November-\$Monthly Tuition

December-\$Monthly Tuition

January-\$Monthly Tuition

February-\$Monthly Tuition

March-\$Monthly Tuition

April-\$Monthly Tuition

*End of season event (Summit/Worlds/All Star Worlds or other)
- \$100 Deposit will be billed out in the month of the Bid Win.
Remaining balance will be due the next month. Coaches' fee



Typical Team Age Brackets

(Per USASF guidelines)

Tiny: age 6-7

Mini: age 7-9

Youth: age 7-12

Junior: age 8-16

International Jr: age 9-15

International Sr: age 13-17

Senior: age 12-18

Open: age 13 and Up

COSTS:

Placement/Tryout Fee =
\$50 (New Member ONLY)

** Placement/Tryout fees are non-refundable and non-*



#iAFamily

#IAmiA

#iAProud

#iArkansasPride

Skill Grid



	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6-7
Level Appropriate						
Standing	<ul style="list-style-type: none"> Forward Roll Backward Roll 	<ul style="list-style-type: none"> Back Handspring (BHS) 	<ul style="list-style-type: none"> Standing 3 BHS Jump connected to 1 BHS 	<ul style="list-style-type: none"> Standing Back Tuck Standing BHS Tuck Standing series BHS to Tuck 	<ul style="list-style-type: none"> Jump Tuck combination Standing BHS(s) to Layout Standing BHS(s) to X-Out 	<ul style="list-style-type: none"> Jumps to Tuck combination Jumps to BHS Full
Running	<ul style="list-style-type: none"> Round-off Cartwheel 	<ul style="list-style-type: none"> Round-off BHS(s) 	<ul style="list-style-type: none"> Round-off Back Tuck Round-off BHS Tuck 	<ul style="list-style-type: none"> Round-off Layout Round-off BHS Layout 	<ul style="list-style-type: none"> Round-off BHS Full 	<ul style="list-style-type: none"> Punch Front Round-off BHS Full Round-off BHS Whip to Full
Advanced						
Standing	<ul style="list-style-type: none"> Handstand Forward Roll Back Walkover Front Walkover Valdez Multiple Back Walkovers 	<ul style="list-style-type: none"> Back Walkover BHS Valdez Back Walkover BHS BHS Step out Back Walkover BHS 	<ul style="list-style-type: none"> Standing BHS Stepout Roundoff BHS Tuck Jumps to multiple BHS BHS Toe touch BHS(s) 	<ul style="list-style-type: none"> Jump to BHS Tuck Jump to series BHS Tuck 	<ul style="list-style-type: none"> Jumps BHS(s) to Layout Standing BHS to Whip/Tuck to Layout 	<ul style="list-style-type: none"> Standing BHS(s) to Double Full Jump Standing BHS(s) to Double Full Standing Full Jump to Standing Full Standing BHS(s) to Whip Punch Double Full
Running	<ul style="list-style-type: none"> Cartwheel Back Walkover Front Walkover to Cartwheel Cartwheel half turn to Front Walkover 	<ul style="list-style-type: none"> Front Walkover to Round-off BHS(s) 	<ul style="list-style-type: none"> Front Walkover to Round-off BHS Tuck Aerial Aerial pause Round-off BHS Tuck Punch Front Punch Front pause Round-off BHS Tuck 	<ul style="list-style-type: none"> Punch Front connected to Round-off BHS Layout Whip to Layout Roundoff BHS Whip Punch Layout Front Handspring Punch Front to Round-off BHS Layout 	<ul style="list-style-type: none"> Front Walkover Round-off BHS Full Punch Front Round-off BHS Full Whip to Full Round-off Arabian pause Round-off BHS Full 	<ul style="list-style-type: none"> Round-off BHS Double Full Punch Front Round-off BHS to Double Full Whip to Double Full

Leadership & Expectations

1. Each athlete must be aware that being part of an iNFiNiTi All-Star team is a privilege and you should set a good example and be a positive role model to keep this privilege.
2. Athletes will set and maintain the highest examples of behavior.
3. Each athlete and parent must be aware of the responsibilities required & the commitment he or she is making to the team both financially and time-wise.
4. Each athlete must realize the manner in which they conduct themselves while representing iNFiNiTi Athletics directly reflects on the entire squad and coaches.
5. Each athlete must be willing to cooperate with and be helpful to the coach or any person in charge.
6. Each athlete will be willing to work hard, take directions, and strive for excellence.
7. Athletes will maintain the proper appearance with no extremes in apparel, extreme hairstyles or colors, or unsafe piercings. Coach's decision is final.
8. Athletes will do everything in their power to achieve personal and squad goals.
9. Athletes missing camp or practice are responsible for finding a replacement so that the team will be able to practice fully and the athlete will know what they missed.



Three Strike Rule

iNFiNiTi has a 3-strike rule to help ensure respect and discipline is in place with all athletes at all times. The purpose of this rule is to uphold team member accountability for the team commitment made at the beginning of the season and is a disciplinary rule for those times when a team member may not be meeting that commitment they made to the team, to you as a parent, and to iNFiNiTi. Here is how it works:

Strike 1- If an athlete is not meeting their commitment (i.e. displaying appropriate behavior and attitude, treating iNFiNiTi and others with respect, coming to practice, etc...) they will be given a strike and removed from practice (either for a portion of practice or the entire practice depending on severity).

Strike 2- Same reason as strike 1, however this will be entire practice & parents will be involved.

Strike 3 - same reasons and this will result in a meeting between their coach, athlete, parent, and a Director to determine if they are eligible to remain on the team.



Communication

Please check-in regularly with your designated "Team Parents" to make sure you are not missing any information being sent out. iNFiNiTi Coaches & Team Parents will communicate with you regularly with details on upcoming events, planning for competition, and any general coaches or gym information. We will use GroupMe to communicate along with email throughout the season.

It is extremely important that our records be kept current. Please update on-line any changes to your address, email address, telephone number(s), and/or medical information for your athlete.

As we work hard to build and protect the iNFiNiTi brand, it is important that routine choreography is kept private during season and not shown or discussed with others. NO VIDEOS of routines or choreography should be uploaded to any public social network sites such as YOUTUBE or Facebook, etc...

The use of the iNFiNiTi logo is prohibited without written consent from iA Management.

Parental Obligations

1. Make sure your son/daughter is on time and attends all practices and events.
2. Parents are to inform the coaches if the student is to be late or absent from practice.
3. Parents need to check with the front desk frequently for any new team information.
4. Please do not send messages of important information through someone else.
5. Parents are to fulfill all financial obligations on time
6. Parents are to encourage and support your child to be the best they can be.
7. Negative behaviors toward an iNFiNiTi member, the iNFiNiTi Gym, iNFiNiTi staff member, or to another gym, via any medium, will result in dismissal from our program.
8. Any concerns/complaints are to be directed to your Coach, All-Star Director, Front Desk, or Gym Owner in that order. Having side discussions with other members is inappropriate.
9. 24-Hour Rule – If you have a concern or complaint during a competition we ask for a parent 24-hour cooling period before directing this to iNFiNiTi Staff.
10. Your athlete and other children must be supervised by you at all times at the facility when not in a class or practice and they must be picked up on time from practice.

We Look forward to a fun, positive, and rewarding season. Thank you in advance for your dedication in allowing this to be a successful program for everyone involved.

Welcome to the Family!

